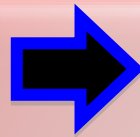


Promoting **H** Healthy Participation

Illnesses: Barriers to Participation

- Lack of resources
- Lack of information
- **Lack of clear representation**
- Lack of opportunities
- **Lack of confidence**
- Lack of support



Check into A&E: 3 Steps to Healthy Participation

Access to Education

Providing an accessible route for young people and organisations that work with them to access opportunities and a system in which all young people can be informed about their rights and how to get their voices heard

Application to Empowerment

Mentoring, training and supporting informed young people to recognise the issues that affect them and then enabling them to develop ideas to facilitate change, by creating essential tools and pathways for personal development and the skills needed to succeed

Action to Enrichment

Young people access or create resources, speak out, advocate and deliver campaigns, and become a represented voice in society, making and experiencing change for their individual lives and wider community



Checking out of A&E: Outcomes of Healthy Participation

When young people can Access, Apply and take Action they are Educated, Empowered and Enriched

- Young people are **consulted** on decisions that affect them and are given the **opportunity to influence** the outcome of these decisions
- Young people take their **rightful place** in the political arena, understanding how to be represented and where to go for information and resources
- Young People **campaigning and taking action on a local and national level** to see change happen in their lives and the lives of other young people.
- Young people being treated and feeling like valued members of society
- Young people leaving **legacies for future generations**

About Me



- ✓ Studying Social Policy with Government at London School of Economics
- ✓ Currently a Trustee for V (The Youth Volunteering Charity) and was on their Youth Advisor Board (V20)
- ✓ 4 years experience as a Youth Participation Support Worker for Croydon Council Integrated Youth Support Service
- ✓ African Caribbean Society president at LSE

Vote – Rosina St James -facebook me or email on rosinastjames@hotmail.com